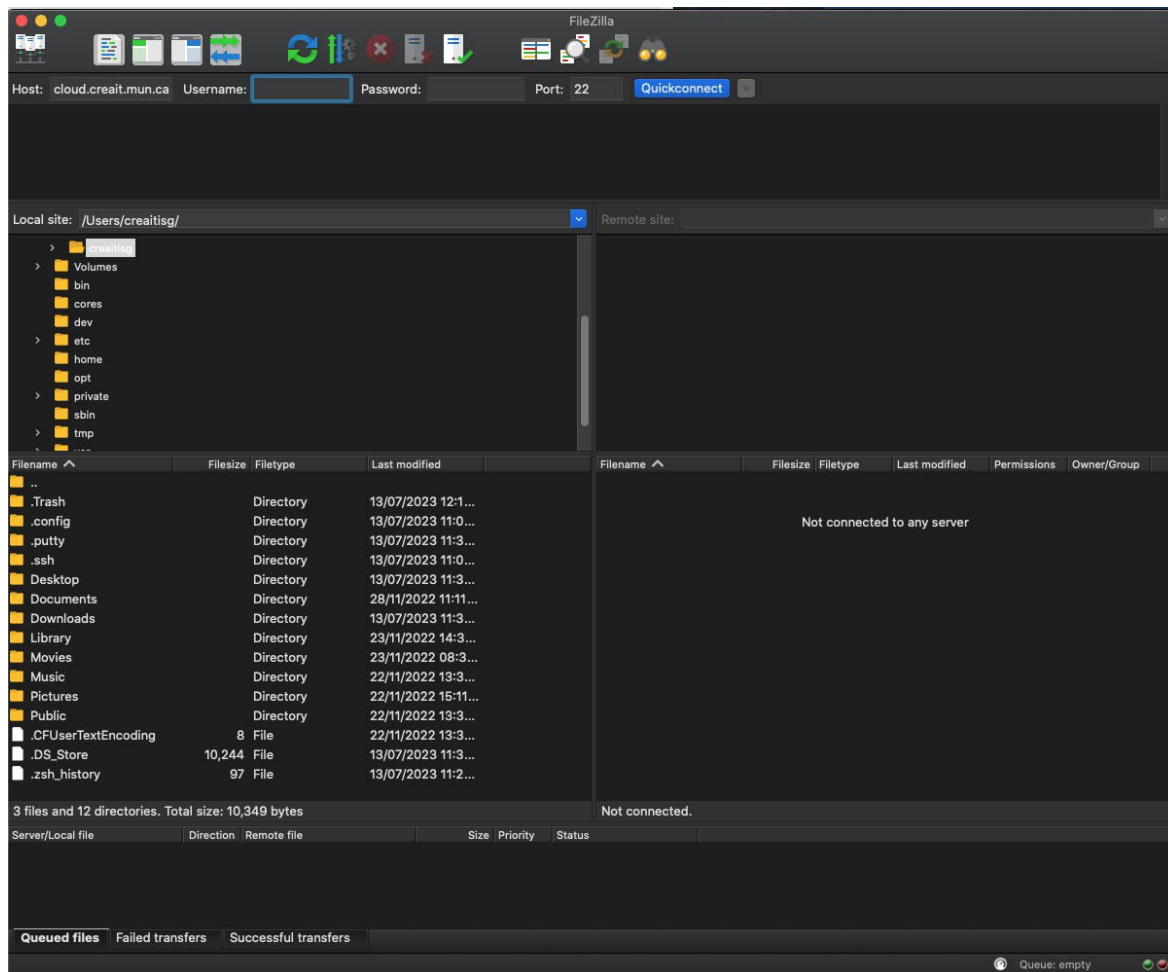


1. Download the free version of Filezilla directly from their website. (the App store version is PRO which requires a yearly subscription after one week).

<https://filezilla-project.org/download.php?platform=osx>

2. Install the App and open it. DO NOT use a third party archiver app to unzip the file (like WinZip, WinRAR etc..).
3. For the host enter cloud.creait.mun.ca
4. Enter your current MUN credentials for the username and password
5. Enter 22 for the port
6. Select "Quickconnect"



- Once connected in the "Remote site" dialogue box enter /mnt/nfs/ccart
- Hit the drop down arrow next to the ccart folder to expand the folder list
- Select the folder where you data is located

Host: sftp://cloud.creat.mun.ca Username: kglangdo Password:, Port: Quickconnect

Status: Using username 'kglangdo' ...
Status: Connected to cloud.creat.mun.ca
Status: Retrieving directory listing...
Status: Listing directory /home/users/kglangdo
Status: Directory listing of "/home/users/kglangdo" successful
Status: Retrieving directory listing of "/mnt/nfs/ccart"...
Status: Listing directory /mnt/nfs/ccart
Status: Directory listing of "/mnt/nfs/ccart" successful

Local site: /Users/creaitisg/ Remote site: /mnt/nfs/ccart

Filename ^	Filesize	Filetype	Last modified	Permissions	Owner/Group
..		Directory			
Admin		Directory	09/05/2023 1...	drwxrwx---	ccartadmin .
MC		Directory	01/11/2021 0...	drwxrwxr-x	ccartadmin .
MS		Directory	19/06/2023 1...	drwxrwx---	ccartadmin .
Mnova		Directory	08/03/2022 1...	drwxrwxr-x	ccartadmin .
NMR		Directory	23/05/2023 ...	drwxrwxr-x	ccartadmin .
test		Directory	22/10/2021 1...	drwxrwx---	root Domai...

3 files and 12 directories. Total size: 10,349 bytes 6 directories

Server/Local file Direction Remote file Size Priority Status

Queued files Failed transfers Successful transfers Queue: empty